Raechel’s Eyes

The Strange But True Case of a Human-Alien Hybrid

by Helen Littrell and Jean Bilodeaux

Preface by Dr. Richard Boylan

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“With Raechel’s Eyes authors Helen Littrell and Jean Bilodeaux have turned an important page in the unfolding drama of the alien agenda. The case they present could not be more timely or more relevant. Raechel’s Eyes should be required reading for anyone who takes the subject of alien abduction seriously at all.”

— Sean Casteel for UFO Magazine

“I wish to recommend Raechel’s Eyes in the strongest possible terms. This is one of the more arresting books I have ever read in the UFO field. A MUST READ for anyone who wants to be informed about the amazing developments behind the scenes in the saga of government interaction with the Intergalactic Council, and the decades of quietly facilitating curious Star Visitors walking among us virtually undetected.”

— Dr. Richard Boylan, Director, Star Kids Project, Ltd.

Raechel’s Eyes (Wild Flower Press) is a true story of Marisa’s experiences sharing an apartment with her unusual college roommate, as told by her mother, Helen Littrell, and UFO investigator, Jean Bilodeaux.

Marisa and Raechel were two young women who didn’t fit in — Marisa was legally blind and needed assistance living on her own, and Raechel seemingly had no past, talked with an odd inflection and ate a strange diet delivered to her home by men in black suits. The two students lived together for about six months in northern California in the early 1970s. They seemed to be perfect roommates, becoming good friends, but slowly Raechel’s strange lifestyle began to arouse frightening suspicions in Marisa, which led her to conclusions so incredible that she feared telling anyone because they would think she was crazy.

After a series of very unusual and disturbing events, the man claiming to be Raechel’s father revealed that he was an Air Force Colonel who was involved in a top-secret experiment being conducted from a base called Four Corners in Nevada. The Colonel said that he was authorized by the National Reconnaissance Organization through the Air Force’s Aerospace Technical Information Command to adopt Raechel and let her try living a normal life as a college student.

Controversial and engaging, Raechel’s Eyes reads like a Sci-Fi classic, yet for many, including behavioral scientist and retired psychologist Dr. Richard Boylan, who wrote the Preface, the events are not fiction. In fact, they actually “provide an accurate picture, minus the usual disinformation about what really goes on below the surface of the heretofore

Continued …
undisclosed Four Corners base, which is sister to and apparently north of the better-known Area 51 facility in the central Nevada desert.” Boylan explains the experiences depicted in the book closely parallel information about the underground activity at Area 51 that was leaked by former military personnel.

Marisa died in 1990. Realizing there had to be more to the events than had been revealed, in 1995 Helen Littrell engaged the services of UFO investigator Jean Bilodeaux. In 1998 under the supervision of psychotherapist and hypnotherapist, Dr. June Steiner, Helen underwent a series of hypnotic regressions over the next two years that revealed a family history of alien interaction that had not been considered before. It also revealed a connection between Helen Littrell and the Colonel.

Raechel's Eyes is presented in two parts. Many of the events in Part I were reconstructed from Littrell's memory, yet much of the information she received she believes was transmitted telepathically to her by the Colonel. Unable to explain why the revelations didn't disturb her at the time, Helen had no idea the pivotal role she too played in this very bizarre experience until she underwent hypnotic regression. Part II chronicles years of investigative research, providing a summary of what was learned during the investigation and includes full transcripts of some of Helen's oftentimes emotional, traumatic, and revealing regressions. Also included are interviews with friends and family who knew Raechel, along with photographs and illustrations that corroborate Marisa’s and Helen's incredible experiences with this odd young woman.

About the Authors...
Helen Littrell is Marisa's mother. She operates a medical transcription business and serves as a freelance editor and consultant for a major medical publisher. She has also authored six medical terminology books. Littrell currently lives in a rural area of southern Oregon.

As a child Littrell was captivated by strange lights in the night sky. It wasn't until she began hypnotic regressions following the death of her daughter, that she began to understand the depth of her own involvement and the role she had with Raechel long before her daughter and Raechel became roommates. Littrell explains that her ongoing paranormal experiences and extraterrestrial encounters "leave no doubt in my mind that meaningful synchronicities exist to show us the way to a much broader life experience than most people can ever imagine. The paranormal has played an enormous and very important part of my life ever since I first saw the lights in the sky as a child, and continues to this day. What these experiences really are, I cannot say. I don't know what their purpose is, except perhaps to prove to those of us who are willing to believe, that there is more to this existence than can be explained away as weather balloons, airport beacons, and the seemingly ever-present planet Venus. I do believe, however, that they underscore the fact that we are not alone in the universe."

Jean Bilodeaux is the primary investigator for this case and has worked with Littrell since 1995. A freelance writer and newspaper correspondent, Bilodeaux was a former schoolteacher and entrepreneur before she began investigating UFOs in 1992. Since that time she has interviewed more than 250 people who have seen UFOs and has investigated more than 25 cases of cattle mutilations that have taken place in rural northern California, and in southern Oregon, where she lives near Cedarville, a town of 600 people. Bilodeaux reports that "Hardly a week goes by without the report of another unexplained sighting of a UFO."